

L21

**The Divine purpose
in
all human suffering**

**Revealed through the Inner Voice
to Bertha Dudde in accordance
with the promises of John 14:21 & 16:13, 25**

'It is not His will that you should suffer except that through this you are made worthy of everlasting joy.'

(BD 0373)

Table of contents

Page

5		Bertha Dudde: Autobiography
7	0373	Purpose of suffering – Trials.... Lethargy of the spirit....
8	0579	Diversity of earthly existence.... You would pray for suffering....
9	0646	People without suffering.... Suffering is love....
10	0659	Even suffering is grace.... ‘Father, Your will be done....
11	0687	Blessing of ill health and suffering....
12	0839	Blessing of deformity....
13	1749	The soul’s hardship necessitates suffering.... ‘Father, Your will be done....
14	3334	The cause of hard living conditions....
15	3610	Cause, purpose and aim of suffering.... Awareness.... Transience....
16	3775	Loving Fatherly Words....
17	4065	Pre-ordained course of life – Destiny corresponding to will....
18	4117	Much suffering – Much grace....
19	4468	Power of the divine Word.... Antidote to suffering....
20	4623	Adversity and suffering as educational means.... Increase of strength....
21	4672	The soul matures through suffering.... God’s care.... World and God....
22	4959	Suffering proves God’s love.... Fire of purification....
23	4969	Light – Shadow of death.... Deceptive light – God’s help by means of sickness and suffering....
24	5048	Explanation and reason for an arduous destiny....
25	5491	Earthly adversity should result in contacting God....
26	5647	Whoever is loved by God....
27	5904	Blessing of suffering....
28	5920	God's love can also be found in suffering....
29	6124	Words of comfort.... Suffering – Illness.... Connection with God....
30	6290	Strokes of fate.... Remedies....
31	6701	Love and suffering as means of purification....

- 32 6763 **Loving help for fellow human beings in distress....**
- 33 6935 **Those who love God....**
- 34 7162 **Everything that happens serves to perfect the soul....**
- 35 7543 **Comforting Words....**
- 36 8113 **Love and suffering purify the soul....**
- 37 8508 **Bearing suffering for fellow human beings....**
- 38 8593 **Suffering spiritualises soul and body....**
- 39 8737 **The bond with God.... Adversities and suffering....**
- 40 8980 **Severe suffering can result in childship to God....**

AUTOBIOGRAPHY OF BERTHA DUDDE.

At the request of many friends Bertha Dudde wrote the following biography in 1953:

I have been writing messages, received through the inner Word since June 15, 1937. In answer to the many requests of my friends I will give you a picture of my earthly life, a short explanation of what I received spiritually, and my own feelings about all this.

I was born April 1, 1891, the second oldest daughter of an artist of Liegnitz in Schlesien, today's Poland I had a normally peaceful childhood, with six sisters in our parent home. I learned the cares of life at an early age. The desire to make money to help my parents made me learn the trade of a seamstress. As the financial needs of my parents continued, so the burden, and in this way I made myself useful.

My parents belonged to different denominations. Father was a Protestant -Mother a Catholic. We children were brought up in the Catholic faith, but never experienced pressure or force to follow the practices of the church so that each child in later years could pursue their own chosen course.

I myself was religious, but could not accept the doctrine of the Catholic system, although I respected the church. I could not represent something on the outside that my inner conscience had not accepted. So I did not continue to attend church, heard little preaching and had no knowledge of the Bible. I did not read any religious books or scientific literature and did not join any other group or religious sect.

Anyone knowing the Catholic teaching knows what a conscious struggle one finds himself in when he wants to loosen himself from it. I also was not spared from this. But the question as to what is the Truth, and where it is to be found, remained.

Often when I prayed the Lord's prayer I would beseech the Lord to allow me to find HIS kingdom. This prayer was answered in June 15, 1937, as I prayed quietly and waited on the inner voice. In this attitude I persisted often, for a wonderful peace came over me and thoughts which came to my heart, not my head, gave me comfort and strength.

Still I did not know that these thoughts were given to me, until in a strange dream I experienced something, which later proved to be the Truth and caused me to write down these thoughts.

So on a certain day as I listened inwardly a stream of words came to me, which I wrote down. This was the first message I wrote which started like this: **"In the beginning was the Word, 'a TE-DEUM' to the Creator of Heaven and Earth."**

Then came doubt,did you write this by yourself? In short, I have wrestled, prayed and gone through many struggles, but again and again the words came to me like a stream, a wisdom, which made me tremble. Then GOD HIMSELF took away my doubts. HE answered me and I acknowledged HIM as our Father, in HIS Word. My faith grew, doubt diminished, and I received and wrote daily.

The contents of the writings were beyond my understanding. Phrases, which I had never heard of, or read about, strange and scientific expressions and references continually came to me. Then came unheard of expressions of the Heavenly Father's Love giving refuge and providing enlightenment to all the questions of life.

The "Words" came to me in the following manner: After sincere prayer and a short period of composure I listened inwardly. Thoughts then followed coming to my mind, clearly, distinctly, and the words flowed smoothly always three or four, one after another, like writing a radio announcement or a weather report, slowly so that I could easily keep pace, writing line after line.

Now, I write the words in shorthand as a dictation without having any constructive or intellectual part in it. I am in no way in a 'trance', nor do I even form the sentences, but it comes to me one word at a time, neither do I understand the context while I am writing the words down.

After days, sometimes weeks, I transcribe the shorthand writings into longhand without changing or correcting a syllable. Each dictation takes about half an hour. I must stress that this could not happen forcibly or in a state of ecstasy. It all takes place simply and consciously, without any excitement or influence of my own will. I can interrupt myself at any time and finish the sentence after hours or days without reading the previous writing the dictated words continue again.

My will is under no compulsion, all that I desire is to serve GOD and do what HIS Will wants me to do.

I can truthfully say that I was led into this Truth, and these concepts were, in all respect foreign to me. It was only after years that I found confirmation of what I received, when I came to know the writings of Jacob Lorber. No one can imagine my joy when I discovered the literature of Jacob Lorber; "The Great Gospel of John" and the "Youth of CHRIST" Then I understood that other people were given the Word of the Lord, that GOD had spoken to HIS children at all times and that GOD will continue to do this in HIS endless Love and Mercy.

I found in Lorber's writings the same as was given to me. I often could not understand the word that came to me, but in HIS Love the Heavenly Father gave me the explanation. How wonderful are the innumerable manifestations in which the Father displays HIS exceeding great goodness.

It became clear to me that my short education, due to lack of money and my lack of time to read good books or visit performances, became my advantage. I could now concentrate on my work from early morning to late at night, and each day I received that precious spiritual Word without knowing for whom I received it.

It is because of my ignorance of the Bible and the Catholic doctrine that I accepted the Word from Above without resistance. In my experience an earnest Catholic or Protestant whose knowledge is rooted in dogmatic theories is too much bound to their dogma to accept and embrace Divine revelations without resistance.

Still there are scientists at several faculties who earnestly discuss these Divine teachings with increasing interest. Their interest does not only concern the irrefutable explanation of the origin of matter and the possibility of its dissolution, but also the principle of the wrong teachings of different religions, systems and confessions. In the messages I received these errors are recorded and everyone is urged to give instructions concerning these doctrinal errors whenever there is an opportunity.

But everyone is free to take the LORD's Word to heart or not. But whoever understands the spirit in the Father's Word and does not act accordingly makes the distance between himself and the Father even greater. When he does not follow the warning words of Love he puts himself inevitably under the law. He will also in the same measure lack in Grace, disregarding GOD's commandment of Love.

In GOD's Grace people are led anew to the gospel, which emphatically points out the purpose of man's being. For the merciful Love of GOD seeks to save all who still can be saved before the turning point comes. And it will come. The end-time of which seers and prophets have proclaimed is now here. According to the revelations given to me, the LORD does not differentiate between HIS children. "Come ye all to ME" sounds HIS call and blessed is he who hears HIS call and follows HIM. GOD Loves HIS children. HE wants to make them all happy, even when they do not want to know HIM.

Recorded Nov. 22, 1953

BERTHA DUDDE.

Purpose of suffering – Trials.... Lethargy of the spirit....

Many things in life discourage the human being.... it is like a bond which binds the heart of such a person. Time and again doubts in the goodness and mercy of God arise when grief and suffering occur too often.... and yet they only give you an inner maturity which otherwise would take much longer to achieve. And since your earthly life only lasts a short time it is necessary that such depressing or painful occurrences must take place frequently and sometimes one after another so that you may derive blessings from them, that you look upon your life earnestly and carefully and that your desire turns more and more away from the world and its attractions, which are a serious danger to you. Life often seems unbearable for the individual, sometimes such an earthly child tires and loses heart.... it drifts without making any effort to change this discouraged existence. And yet it would be so easy for you as soon as the right attitude towards God shows you the way you have to go. But consider the many seemingly insurmountable obstacles in your life.... would you have escaped from them if you had not been given help from above every time....

But you do not always recognise this help as sent from above, yet every occurrence is a flow of God's grace.... whether good or bad.... it always has the same purpose: to have a refining effect on you, My earthly children. If you can see in every test a means of improvement then you will also recognise your own shortcomings and failures, and with this recognition comes the quiet will to overcome them.... Then every trial has already served its purpose.... and therefore you must realise in every difficult situation that they are necessary to achieve a higher degree of maturity.... that they are steps on the ladder which leads the soul to perfection, so to speak. A life without struggle would only mean to stay on the same level, however, the battle against oneself is far more difficult to carry out than the battle against enemies who approach the human being from outside.

Every awakening from the lethargy of the spirit is a step forward.... the alert human being will remember his spirit and not let it starve, for lethargy is a relapse and cannot be called 'enlivening' in any way, it will defeat every urge to be active and can never have a beneficial influence on the soul. Therefore do not be alarmed when life's difficulties seem hard to bear.... if they make you aware of your shortcomings and you fight them then they will disappear again in not too long a time, for the Lord only allows such trials until they have served their purpose and improved the heart of the human being. Because it is not His will that you should suffer except that through this you are made worthy of everlasting joy.... Amen

B.D. 0579
11.9.1938

Diversity of earthly existence.... You would pray for suffering....

You see, My child, in the world of your parents you accepted a destiny that allowed you to mature considerably and your earthly life was rich in experiences which stimulated your thinking, and the way to ascend could be revealed to you more easily. Although people's circumstances of life are often even more difficult and with far greater poverty and anguish but then their souls are even less mature and can only purify themselves in such hard conditions; and thus people's burdens are as different as are their results. Before its incarnation as a human being each soul longs to utilise its embodiment as quickly and as successfully as possible and therefore inhabits a body which has a predetermined difficult fate. On the other hand, many souls must go the path of purification which requires other circumstances of life... which leads to their goal sooner through an easier and more pleasant existence but where other dangers have to be fought which the soul has to overcome.

This is arranged by the Heavenly Father in His wisdom even if people on earth can't yet understand it and often become indignant about the uneven distribution of earthly wealth. But He Who knows all, Who understands every deficiency of the soul and would like to see the same perfection in everything also knows to offer the right help and only places upon each human being what is necessary for the benefit of his soul. Every day is a step closer to happiness.... so take care that you climb one step after another.... and not step back....

You will eternally thank Me, your Creator, for every sorrow that I have put upon you and will praise the wisdom of Him Who created you and Who wants you to be near to Him forever.... You should always know that the Father does not want to lose even one of His children and that He cares for every being. And this care often necessitates methods which seem hard to you, since you cannot imagine the magnitude of the calamity that threatens you... if you could fully understand you would pray for suffering only to avoid this adversity, but you must live your life without knowledge of your situation and strive to ascend of your own free will and in order to achieve the highest reward...
Amen

B.D. 0646
30.10.1938

People without suffering.... Suffering is love....

Those of you who long for it in your heart shall always hear My voice. Behold, My child, your life on earth is indeed a constant struggle and has to remain so until the end of your life, for this will uphold your strength of will; were you to find complete fulfilment of your wishes on earth already you would slow down in your endeavour to reach Me, and therein you can always find the explanation for days and hours which weigh heavy on your mind. Nevertheless, My love is close to you and protects your soul from being harmed. The state of constant satisfaction on earth is extremely perilous for the soul.... and My love wants to avert such danger from you and nurture ever greater spiritual activity and longing for Me in you, for this is the true driving force for the spiritual work of improving yourself.... And I Am always close to all of you, but you often fail to recognise Me and do not look for Me nor listen within yourselves, where I affectionately speak to you.... Just persevere and don't let your longing for Me diminish, then I will take complete possession of you and give you blissful peace one day, when you have victoriously overcome the battle of life.

And thus let Me tell your heart the following: To taste of unmixed rapture here is never to a mortal given*.... This frequently used saying describes the state of suffering on earth in a nutshell, and anyone who enjoys many pleasures in earthly life is truly not considered by the heavenly Father's love. He can only ever speak of true Fatherly love if he also gets to feel the Father's strictness.... unless he so willingly gives himself to the heavenly Father that the Lord has already blessed him in earthly life. Yet anyone who is loved by the Father will also have to purify his nature through the fire of love or through suffering.... If his heart is willing to love and ready to lend a hand then the suffering will not depress him, in his anguish he will even look up more to the heavenly Father and become pure love in earthly life. Yet anyone who is spared suffering is indescribably poor on earth, and this as a result of his own fault.... He did not love his fellow human beings and therefore will not receive the same from the Father either. His earthly life of undisturbed enjoyment and untroubled days will indeed be far more agreeable to him, yet the state of his soul is lifeless and agonising beyond words....

His alienation from the Father's heart will noticeably express itself in the fact that all his thoughts and wishes only apply to his greedy striving for earthly pleasures, for due to his heartless nature he becomes subject to the power of adverse forces, turns towards them increasingly more and will be drawn by this power into the whirlpool of the world with all its temptations, glamour and sensuality. This is why you should never envy people who are apparently well-off in earthly life.... their life is so unproductive.... They gather nothing for eternity, do nothing for their soul.... yet everything for their downfall and spiritual death. And earthly life is short but life in the beyond is infinitely long.... they have forfeited much and received little on earth and are poorer than the poorest people on earth who have to endure suffering and troubled days. The more lovingly active you are on earth the more you will also be fraught with suffering.... your own and even more so your fellow human being's suffering, for a loving heart also feels his loved-ones pain.... Yet all suffering is love again.... your heavenly Father's tender love Who thereby wants to make you worthy of His presence and the heavenly paradise.... And if you are in a position of suffering then you should know that you are also loved by Me.... know, that you then should take only your Saviour ever more into your heart so that all your suffering will be changed into blessings.... Amen

B.D. 0659
9.11.1938

Even suffering is grace.... 'Father, Your will be done....'

Abide by your inner voice which will always remind you to do what is right, and remember that the Father will in fact instruct His child correctly if only it wants to hear it. For there is a far greater possibility that an orderly accomplishment of the work will no longer be possible, but all means will nevertheless be at your disposal, and therefore you should not worry about obstacles which the Lord will be able to remove time and again if it is conducive to the work He wants to be done.

And now draw closer and receive our message: What can possibly happen to you humans if the Lord keeps His protective hand over you.... He will protect your body and soul from being harmed, He will guide you according to His will, and whatever is inflicted on you for the purpose of overcoming it only serves to benefit your soul. Therefore, don't worry, and submit yourselves to your heavenly Father's guidance with complete confidence. Everything on earth has its purpose; no human being knows the eternal Deity's plans and therefore cannot easily recognise how well and wisely everything has been arranged for people's benefit. His severity, which people often consider cruel, is always just a loving means in order to offer you something incomparably more magnificent one day. And since you do not voluntarily want to make yourselves worthy of it, it is the Lord's will to lead you by way of suffering and sorrow to the path which makes these glories accessible to you. One day you will realise it and wholeheartedly thank the Father for every reprimand in earthly life. People on earth constantly receive God's grace and even suffering is grace.... which is still incomprehensible to you humans. But if you completely entrust yourselves to the Lord you soon will feel the blessing of suffering on yourselves, you will realise how infinitely lovingly you are being guided by the Fatherly hand so that such suffering will have a favourable effect on you even in earthly life, however, the benefit on your soul's life will be incomparable. And therefore meet everything the Father sends to you with complete submission, consider that not one sparrow shall fall on the ground without your Father's will, and that everything he sends to you is only an expression of His will and mercy, the full extent of which you can only comprehend when you have become perfect. For at the moment you are still incapable of judging what is helpful to you or what is to your disadvantage, you must only ever devoutly sacrifice your will to your Father in heaven and in all suffering and sorrow pray to Him in your heart.... 'Father, Your will be done....' Then you will also always be comforted.... Amen

B.D. 0687
27.11.1938

Blessing of ill health and suffering....

The state of suffering often obliges a person to take a closer look at his whole life on earth, and this is both beneficial for the soul as well as very often favourable for the body, since the human being, in recognition of his wrong thoughts and behaviour, will frequently endeavour to change his nature. This can also have a positive effect on his body in so far as that a decent way of life can considerably contribute towards maintaining a healthy body or curing a sick one.

The body often has to be afflicted by illness or infirmity, precisely in order to make the person realise that his conduct had completely contravened God's order.... For all reprimands and warnings sent to people by the Lord won't achieve what ill health can often bring about. The human being has no option but to turn away from the world and its pleasures and see earthly life in a completely different light.... He sees the body's frailty and helplessness, and his personal sense of weakness, his inability to escape this condition, will automatically direct his thoughts towards spiritual issues. He will then be far more inclined to deal with problems which are far from a healthy person's mind, and such thoughts can induce a change if he does not oppose them, and thus the spiritual beings can start with the work on such a person's soul by influencing him ever more into asking questions, which will then be answered by the spiritual beings in the form of bright ideas, and thus he is gradually guided into a spiritual sphere which he finds agreeable and which internalises him. To come to the same realisation within the commotion of the world would have taken him a very long time, which would have passed in vain for the soul.... this way, however, a short time can suffice and advance him considerably. And thus, suffering should not make a person unhappy, instead it should equally be regarded as a demonstration of the eternal Deity's love, which the human being will soon understand if he, through suffering, has taken the right path and subsequently can move on by actively working for the salvation of his soul.... Amen

B.D. 0839
31.3.1939

Blessing of deformity....

The human being has to undergo an involuntary yet very beneficial test of life if he, due to his external appearance, is unable to enjoy earthly pleasures, i.e. if the opportunity of undivided enjoyment of life is taken from him due to some kind of deformity and he is forced to give up earthly joys. He could then be in great danger to think of his Creator in bitterness or even reject Him completely because the will of a Deity who, in his opinion, imparts gifts to His earthly children unfairly, is incomprehensible to him. However, if he remains faithful in spite of his misfortune, spiritual progress will be possible for him much sooner since he will find it easier to resist the world and its temptations and in absence of worldly pleasures will be far more able to occupy himself with spiritual problems, which will lead him to the state of maturity much sooner. Consequently, such human beings often achieve the right understanding of their life in a short time.... They no longer demand complete fulfilment in life and patiently await the time when their earthly existence comes to an end, convinced that only then true life will begin and that their time on earth will have an appropriate effect in the beyond.

Hence, a deformed person on earth has a certain advantage in as much as the denial of worldly pleasures is easier for him than for a well proportioned person who is constantly confronted with the temptations of the world, but only if he contributes towards it himself, that is, if he, in submission to God's will, accepts his imposed destiny and thanks his Creator that He had given him life. If such a human being is spiritually active he soon will no longer consider his body a misfortune but consider spiritual life a desirable goal. He will always strive to increase his spiritual knowledge; he will also love his fellow human beings and not grumble at his fate or even fight God.... Amen

B.D. 1749
25.12.1940

The soul's hardship necessitates suffering.... 'Father, Your will be done....'

Infinite trust in divine guidance makes your earthly way of life easy, for you accept everything with a certain calm providing you bear in mind that it was determined by God in this and no other way due to His boundless concern for your soul. Every burden life imposes on you is necessary for the maturing of your soul, and the more you are in need of it the more burdensome it will be. Thus, you should first shape yourselves according to divine will and the suffering will gradually lessen and will finally entirely be taken from you. Practise love, meekness and patience, practise compassion, peacefulness, and always appeal to God for strength to do so and you will rise above everything with ease, you will be a blessing for your surrounding neighbours for they will strive to emulate you.... And your earthly life will become easier, you will have emerged victoriously from the battle against evil and through your appeals for strength have come closer to God. If you want to reach God you must completely hand yourselves over to Him, always pray 'Father, Your will be done....' You thereby give evidence of your trust in His guidance, you sacrifice your will to Him, you humbly submit yourselves to His will and acknowledge Him as your Father, and then you will have become as it is pleasing to God.... patient, gentle, humble, peaceful, you practise love if you also compassionately turn towards your fellow human being and try to make him live in the same way. It will refine your nature and the soul will become light and bright for it will become ever more capable of absorbing divine light and of spreading it as well.

Therefore, don't complain if you have to suffer, bear everything patiently and know that you still need to suffer, that your soul is still distressed and that God in His love wants to help you and release it from its still oppressing shell....The soul is still struggling for its freedom; it is still constrained by a force which refuses to set it free. Its own will is still too weak, and in order to strengthen its will it must call upon God for strength. If it fails to do so of its own accord then God must encourage it through suffering to turn to Him for help.... And it often takes an unbelievably long time before the soul takes the path to God, and just as long it will have to suffer and endure a depressing state. And yet it would be so easy to release itself from it, however, it often gives way to the adversary's urging and revolts against its fate, it grumbles and complains and therefore cannot be released from suffering either.... And your mistake rests in the fact that you do not recognise God's love and are grateful to Him that He wants to lead you into higher spheres.... If you believe in His love it will also be easy for you to confide in Him and every day, regardless how distressing it may be, will be a blessing for your soul and beneficial for your spiritual higher development.... Amen

B.D. 3334
18.11.1944

The cause of hard living conditions....

You cannot expect changes for the better in your living conditions as long as you don't change your will as well as your conduct in life yourselves. Your perception of the purpose of your earthly life is completely wrong and you would never even think about it if you were given a carefree life of peaceful monotony or worldly pleasure. But you have to become aware of your true task on earth, and therefore you will be motivated by difficult conditions in life to think about it because only then can the knowing beings, who are responsible for your spiritual care, mentally suggest an answer to you. And these difficult conditions shall worsen if they don't succeed in stimulating your thinking because in that case you won't live consciously, i.e. you won't strive for spiritual development, which is the purpose and aim of your earthly life. And therefore you shall have to endure worldly hard times and should not expect improvements as long as you don't improve yourselves, i.e. as long as you don't accept divine will as your guiding principle of conduct. Because God can only educate you such that your will becomes active by itself and you would only need a small amount of suffering if you thought of your own accord and shaped your life in accordance with its purpose. And you continue to be burdened by very hard conditions because you are not making any preparations for change.

The earth will see much suffering; hopelessness and anguish shall tire and exhaust the people, and yet they could provide themselves with an easier earthly life if they only recognised their suffering as a caution from God, who warns them in that manner to change their lives for their own sake. Because soul and body shall die on the path they are walking. God wants to save the soul and therefore puts the body under pressure, He wants to show you the right way if only you were willing to listen to Him, when you, because of a harder life, turn your thoughts to Him, when you question yourselves about the meaning and purpose of your existence and wish for a mental response....

And if you listen to Him, if you heed His warnings and live accordingly, then He shall relieve you of your difficult living conditions.... He shall save you from all evil, spiritually as well as earthly, because He only asks you to consider Him and carry out your true purpose in life.... to strive for progress and not just concern yourselves with earthly life.... Then He shall take your worries from you where it benefits your soul, because God does not want you to suffer if you consider your spiritual well-being first. He must save you from eternal destruction by all means which, however, you shall suffer if you live a carefree earthly life and achieve worldly fulfilment.... then your soul will be lost and you won't achieve your goal on earth, you won't strive upwards and therefore will have lived your life in vain.... Amen

Cause, purpose and aim of suffering.... Awareness.... Transience....

Worldly minded people are so far removed from the truth that they are unaware of how much strength they can draw from faith and a heartfelt bond with God, and thus they only ever take notice of world events and do not realise that this wrong attitude towards God is the cause of every world event which results in human suffering. And as long as human beings lack this insight, the state of suffering cannot change either. Time and again the suffering will merely adopt different shapes, so that the diversity of their hardship and sorrow will eventually make people understand that a power other than human will is behind the sorrow, that human will alone is not the cause but that the will of a higher power simultaneously steps into action, and that they will develop a certain opinion about this higher power. The knowledge of pure truth explains everything; it makes the immense hardship comprehensible because its cause, purpose and objective are identifiable. Change is only possible when people adapt themselves to the purpose and objective, i.e. when they try to solve the cause of sorrow and hardship which, however, is and remains incomprehensible to the worldly minded person as long as the world is his priority, as long as he provides his body with all privileges and starves the soul.

The knowledge of truth can only be given to the person who detaches himself from the world, for if the knowledge is conveyed to the worldly minded person he will not recognise it as truth and reject it. Thus increased suffering will put him into a situation which will make him receptive to truth... by learning to understand through suffering and hardship the worthlessness of worldly goods and reducing the longing for those same goods... The desire for truth will increase accordingly, providing he is not influenced by negative forces who completely confuse his reasoning and attempt to divert him from the truth, who incite hatred in the person the more the world and its joys disappoint him. But such people will not find the connection to God on earth anymore, and every means employed by God is in vain. Nevertheless it is an advantage for the human soul to recognise the transience of earthly values while it is still on earth, where it can learn to despise them and is no longer excessively bound by them to earth when it departs, even if it enters the beyond with a low degree of maturity. In that case, overcoming matter in the spiritual kingdom will not be quite so difficult and the process of higher development in the spiritual kingdom can progress faster once it has finally started. The soul will then accept the truth more readily in the spiritual kingdom, it will not oppose God as much as on earth.

Consequently, the fate of the departed souls is not as hopeless if intense suffering on earth had made them aware of the transience of earthly possessions even if they lose their earthly lives as apparent victims in times of hardship. And thus even suffering and hardship caused by evil human will is of benefit for the souls who are still very distant from God, hence God allows human beings to rage against each other of their own free will until He Himself commands an end when it fulfils His plan of eternity. And as long as people live in ignorance, as long as they do not want to hear the truth, He will allow them to mature through their own actions and experience untold perils and suffering, because this is what they want and therefore they are the instigators of their own suffering.... Amen

B.D. 3775
19.5.1946

Loving Fatherly Words....

You will remain in My care for the rest of your life, and therefore nothing should frighten you, nothing should make you anxious and seem insurmountable to you once you have gained faith in My strength, love and wisdom. Who should protect you if not the One Who is love in Himself?... Who has the power to do so and Who wants to draw you close to Himself? And so I will also take your earthly adversity from you once you have gained complete faith. And therefore don't be afraid. Bear everything with patience and in submission to My will and know that it is necessary for your soul's salvation but that I will not burden you with more than you can carry, and I will support you at all times if you can no longer master your situation on your own. However, the fact that I cannot entirely avert adversity from you is also purely based on My love, for the time until the end is short and I want to make eternal life in all its glory accessible for you, who are My Own, and therefore purify your souls to become suitable for the spiritual kingdom. Always keep My immeasurable love in mind if you suffer, because during your final span of earthly life it wants to help you attain complete liberation.... And you will bear everything more easily and only ever learn to love Me more sincerely because My love is mightily drawing you closer. Even so, I will never abandon you.... Removing the adversity from humanity would signify absolute ruin for an infinitely long time; but I still want to save that which will not shirk from My loving help. And you, too, must experience this adversity, albeit you do not need it to the same extent, yet it will even have a richly blessed result for you and, one day, you will recognise it as a special grace from Me. But if you do not exclude Me from your thoughts, you will be able to endure even the greatest hardship, for My yoke is easy, and My burden is light.... And My Word is truth.... If I Myself promise you My help, if I want to help you carry your cross at all times when you ask Me to do so, you need not be afraid of breaking down under the burden which I have placed upon you for your own sake. Call upon Me in your adversary and I will always be ready to help.... Believe in Me, and the strength of your faith will banish it in an instant.... And realise that you will only suffer if your faith is too weak.... Therefore make an effort and constantly pray for a strong faith and you will overcome every adversity and your end will be a blessed one.... Amen

B.D. 4065
18.6.1947

Pre-ordained course of life – Destiny corresponding to will....

Every path is pre-ordained even though you believe to have chosen it yourselves. Although you apparently determine your course of life yourselves because you can, at times, plan it in accordance with your will, but I have known of this will since eternity and have taken it into account, and therefore your destiny corresponds to your will; which means, that your life develops in a way that your will can turn towards Me and has ample opportunity to acknowledge Me. However, how your will decides is entirely up to you, I won't compel it or you would not need to live your life in the first place if I wanted perfect entities by means of force. My only goal is to enable the spirit to achieve the highest possible maturity of soul on earth but meet with all-round resistance.

Yet human beings cannot alter the course of their life and thus have to submit to everything if they want to achieve spiritual benefit. Every resistance, every complaint and grumble reduces your psychological success because it testifies of a will that is still in opposition to Me or has very little perception of Him, Who gave you your life. If you would know Me as the Eternal Love you would also know that I would not let you suffer unless it is necessary for the salvation of your soul.

This is why you should suffer and endure and place your earthly life into My hands, live each day without worry but do not exclude Me from your thoughts, then I will guide you and, truly, your life shall not be in vain. One day you will thank Me even for the difficult hours and days since they benefit your soul far more than quiet, carefree days. I know this, I know your soul's degree of maturity, I know your will, your weaknesses and your faith, and I let everything happen so that no day needs to be lived unsuccessfully, that you can mature in a short time and reach your goal while you are still on earth.... Amen

B.D. 4117
7.9.1947

Much suffering – Much grace....

Excessive suffering is an exceptional grace, even if you find this incomprehensible; for My love does not want to let you humans slide into the delirium of the world and confronts some of you with hours of starkest adversity in order to bring you back to your senses, or the soul would remain empty-handed and not progress in its spiritual development. Suffering must always be considered as a means to render the human being helpless and make him aware of his weakness, and as soon as the suffering has contributed towards the fact that the soul turns to Me, that it appeals to Me for help and humbly entrusts itself to Me, it is a great blessing and should therefore be viewed as a gift of grace. For suffering leads to Me, whereas the joys of the world as well as all earthly pleasures will achieve the opposite. Suffering motivates people to pray, without prayer it is impossible to make contact with Me. Without prayer you cannot be given the gift of grace, because prayer expresses the will and the longing for Me and thus enables Me to meet the human being and, as fulfilment of his prayer, give to him what he needs.

If, however, the human being is spared suffering, the body will continue to reject the spirit when it wants to communicate with the soul in order to give the person the right guidance and instruction. But it is absolutely essential for spiritual progress, for reaching a high degree of maturity, that the soul be instructed by the spirit and that the soul will thus unite with the spirit. For this purpose I must absolutely grant help to the soul with My strength and therefore must first be asked for it, because the human being's will is decisive and suffering impels its decision. Suffering can also harden a human heart, in which case the person will drift away and no longer strive for ascent, and then there is no other means that would be more successful. But as a rule suffering leads to Me, generally a human being perfects himself through suffering and then it has fulfilled its purpose. Subsequently, you should be grateful for it and also acknowledge it as a grace; for earthly suffering is not a permanent condition and extremely beneficial, providing you want to mature. Then you will be eternally thankful to Me, and in the state of realisation earthly life will be easier for you to understand and you will also be able to cope during the time of great need, for then you will not live your life alone but with Me, because you will open yourselves to Me in prayer and thus receive strength which you, in turn, can use after your own will and with certainty will use for your spiritual ascent, as you are destined to do.... Amen

B.D. 4468
24.10.1948

Power of the divine Word.... Antidote to suffering....

My love for you is infinite and I will grant your every request, but occasionally it happens in a way that you do not immediately recognise it as such, nevertheless, one day you will realise how well I take care of you. The last days will bring a variety of perils and suffering because you will have to mature quickly or you will not pass the last and difficult test. You will experience constant distress and should always bear in mind that everything comes from Me, that I know of your hardship and misery but that they are also a blessing for you. Therefore do not fear and complain but remain devoted to Me in love, just as My endless love belongs to you, too, and wants to make you happy.... You should sample the power of My Word and soon you will recognise that you have an effective antidote against all suffering, fear and sadness. I have blessed My Word with My strength.... Why do you not use it? Why do you not accept strength when you are in danger of weakening in your earthly battle and lose heart? Why do you not give yourselves to its invigorating effect? You constantly receive evidence of My love for you, you are in the midst of immense grace, and yet you are of so little faith and fickle, so timid and weak. What else could I offer you that is better than My Word?

If you did not experience earthly hardship and worries you would not be able to hear My Word, because the world would hold you captive and stop you from heartfelt contact with Me. And therefore you should obediently accept this hardship when you receive My Word as compensation, because My Word is a great treasure for you which you merely do not know how to get. Let Me always speak to you in My Word, take refuge in Me in the Word, contemplate the expression of My love and you will feel a marked influx of strength. You will no longer feel weakness, fear and oppression and will have no more doubt.... you will master earthly life in full strength and honour and praise My love and grace, and then you will be active labourers for Me in the last battle on this earth. I bless your willingness to serve Me but you should also activate it by doing what I ask of you. Time and again I remind you to accept My Word within yourselves because I want to give you the strength of My Word, because I want to help you but need your free will to do so if you are to derive the right benefit from My help. You have to struggle yourselves because it is the only way you can arrive at faith, the profound faith that you will need in order to be loyal servants to Me on earth. What you receive from Me, what you write down, has to be considered by you in your heart, it has to come alive in you, so that you can endorse My Word with conviction, so that the effect is not lost on your fellow human being and he feels the strength of My Word in himself. You will always receive help in your need, and the more you fulfil My will the sooner you will receive help.... However, it is My will that you should contemplate My Word more often so that you become conscious of My presence and believe.... And as soon as you have profound faith the fulfilment of all your wishes will also be certain.... Amen

B.D. 4623
27.4.1949

Adversity and suffering as educational means.... Increase of strength....

The time ahead of you will require all your strength if you want to do justice to the demands life expects of you. I must repeatedly inform you of this in order to make you understand that you can increase the measure of strength yourselves and that it is your own choice as to whether earthly life is difficult or easy for you to bear. For this reason I often let you experience hardship and adversity in order to educate you for this time, when you will only be able to master life if you obtain the strength from Me, if you appeal to Me for it or acquire it through neighbourly actions of love. I constantly remind you of this time by placing you in positions of feeling helpless and abandoned, so that you will turn your eyes and your heart to Me, Who always wants to stand by your side as your guide and advisor. Yet it always necessitates a prayer, as this demonstrates your will towards Me. I will not provide you with strength against your will, since this would make you unsuitable for the battle of survival in the time to come; however, the slightest pleading thought to Me will call Me to your side, then you will noticeably feel the influx of strength and your faith will become stronger, and that is My intention. Only your heartfelt union with Me will make life bearable for you, for then no earthly worry will depress you because you will leave everything to Me and truly not do badly, because a child which unconditionally entrusts itself to the Father will never be disappointed by Him. And thus you can also be certain of being helped in every way, by merely believing in My love and My omnipotence, for I will truly not leave anyone in adversity who takes refuge in Me.... Amen

B.D. 4672
18.6.1949

The soul matures through suffering.... God's care.... World and God....

Whatever serves to benefit your soul has been foreseen since eternity. Therefore you can regard every difficult and upsetting, joyful and edifying experience, which only aims to achieve your psychological maturity, as having been imposed on you by Me. And if you consider the course of your life from this point of view then nothing should bother, burden or frighten you.... for all is for the best.... Every experience enables you to mature, you can derive benefit for your souls as long as you always recognise Me as the One Who allows it to happen, and remain in contact with Me by constantly glancing towards your Father above, Who wants to shape you into His children on this earth.

Fear and worry are unnecessary if you hand them over to Me and ask for My help. You are never alone if you allow My presence next to you, if you do not want to be alone and never exclude Me from your life, if you leave your thoughts, needs and actions entirely to Me, if you let Me take care of them, so that I will guide you and you are merely the executor of My will. You could travel your earthly path carefree and without worry if only you would always walk with Me.... Yet the world frequently stands between you and Me and separates us, the world is close to your eyes, and you neglect Me even though you want to belong to Me. The world is still too important to you, you do not realise its triviality because you are still involved with the world. However, as soon as you are able to value Me above the world, as soon as you are able to put Me first, the world will no longer burden you, it will not disturb you, you will be able to cope easily and be master of everything that approaches you on a worldly level.

Make the attempt, let Me take care of you and entrust yourselves to My protection and care with complete faith. First fulfil your duty towards Me by living in accordance with My Word and working for Me and My kingdom. Then you should also inform other people of My will by always reminding them of their true destiny, by motivating them to improve their souls and by passing on My Word, which you have received from Me and which will enlighten them where they are still in the dark. Draw your fellow human beings' attention to the fact that I Am in charge of all people's destiny, that nothing happens to people without meaning and purpose, that higher development is the purpose of every experience, and that everything is bearable if I Am approached for help, acknowledged as Controller and Creator of eternity and prayed to for My Fatherly care. Caution them not to forget Me for the sake of the world, then every individual person's earthly path of life will be easy and safe and his soul will derive benefit from every experience. For I only want your soul to mature when you have to go through suffering, but you can make it bearable for yourselves if you take heed of My Word and always allow Me to walk with you. For I Am your Father and only want the best for My children.... Amen

B.D. 4959
30.8.1950

Suffering proves God's love.... Fire of purification....

Accept every burden of life and know that it is necessary in order for you to deliver yourselves from every impediment which is still encumbering your soul. One day you shall freely and without hindrance dwell in spheres that are permeated by light, by that time your soul must have discarded every layer or it will be unable to receive the abundance of light, otherwise the light would meet with resistance which prevents it from entering the soul. What you have to endure on earth only makes it easier for the soul to detach itself from its oppressing shell, so that it can repel what is still tormenting it, what is still tying it down and thus keeping it enslaved. But the kingdom of the blissful spirits knows no impediments, this is why it can only accommodate the pure and wholly spiritualised soul which is free of all impurities that could prevent the permeation of light. The soul must have attained its original state again when, being light itself, it was divine and in intimate contact with the eternal Deity, because it was part of It, a spark of the Eternal Light. All impurities must have been removed first, and that means that the soul must have experienced a fire of purification, which can be the result of intense suffering but also of profound love, but which is always successful.

Hence you humans should not complain if you have to suffer, instead, consider suffering as proof of God's love, Who only ever has your soul's purification in mind in order to provide it with a blissful fate once it enters the spiritual kingdom. Then the soul will bless the suffering and with tremendous gratitude look back on earthly life which, through suffering, resulted in the state of being receptive to light and enabled it to stay close to God in blissful happiness. On earth it is incapable of appreciating the Father's great love and kindness and often rebels against its destiny. Submission, however, guarantees more of God's love, but more suffering also assures higher maturity of soul and life in spiritual spheres in eternal beatitude.... Amen

B.D. 4969
19.9.1950

Light – Shadow of death.... Deceptive light – God’s help by means of sickness and suffering....

Anyone who is not impressed by My Word is still subject to the shadow of death, he does not recognise the light and deliberately keeps his eyes closed because he prefers darkness and thus prevents the light from entering. He keeps his sights on the world where deceptive lights are constantly flashing and dazzling his eyes, so that that he either fails to see the gentle light shining from the spiritual kingdom or entirely ignores it for the sake of the secular light. He is enthralled by everything of an earthly nature and, if he is approached by a messenger of light with My Word which suggests that he should renounce earthly possessions for the sake of his soul’s salvation, he turns away indignantly, because he has no concept of the life of the soul and does not want to relinquish the world because he feels comfortable in it, and thus he is approaching spiritual death. My Word could provide him with spiritual treasures, My Word could give him a light which soothes his soul, My Word could awaken him to eternal life, yet he is taken in by the world and only looks for and desires that which provides his body with comfort. He remains in the dark despite the world’s deceptive light.... For this reason I want to help him learn to despise the world by presenting its possessions as transient and worthless, by allowing his body to grow weak and by reminding him of his physical death. Even that which a person deems most desirable I allow to fall apart and to shatter, I let the person suffer earthly adversity and distress, bear suffering and illness and make him realise that the world will not help him. I allow the person to plunge down from an earthly elevated position, I allow poverty to replace wealth, and only ever for the purpose of his recognising the worthlessness and impermanence of what he desires, and time and again I will make My Word accessible to him, so that he will try to find a substitute in it for the earthly things he had lost.... I let him experience darkness where no deceptive light will flash anymore, so that he will see the gently light from above and turn to it, so that he will escape from the night of death into the light of life.... This is why the suffering on earth will never end, because time and again I want to draw people to Myself who are still distant from Me and subject to the prince of the world, but whose course of life will soon be over without having resulted in success for the soul, on account of which it is embodied on earth. And in all places I will let a light shine in the darkness, and anyone who allows himself to be illuminated by its gentle glow will first move from the darkness into a dim light which he finds comforting and his desire for light will grow.... My Word will touch his heart, he will recognise it as a loving Fatherly Word, as the only path to life, and his soul will enter from the shadow of death into the land of light, into eternal life.... Amen

B.D. 5048
24.1.1951

Explanation and reason for an arduous destiny....

An arduous destiny on earth will profit the salvation of your souls. For every day brings you closer to the end and the end is near. And do you know whether you will experience the last days? Do you know that you won't be called back before the end and that your earthly life might only last a short time yet? Always consider that tomorrow could be your last day and that you will then be grateful to have reached that particular degree of maturity which entitles you to enter the realm of light. Consider that earthly life is only the means to an end and that it won't last forever. Everything is temporary, joy and sorrow, desire and pain. Only the soul is immortal and its suffering should be reduced. Therefore the body has to suffer as long as the soul lives on earth. Those who are spared suffering on earth cannot expect a painless hour of death because the soul will still have much ballast which it will take across into the spiritual realm. Yet the agonies in the beyond are considerably greater and can often last an endless time if a soul is hardened and thus will find little help.

People still have to endure much adversity because time is passing swiftly and rapidly bringing the end. Only the soul which has been purified by grief and suffering will have the strength to resist during the last days.... because such a soul can receive My strength, while a soul within a dense cover cannot be touched by My emanation. For this reason the human being should look at each day as a gift of grace and be grateful, he should use his time well since he does not know when it ends, because one day he will regret every day which has not brought him spiritual progress. Suffering and love mature the soul and therefore you human beings must patiently endure what is given to you as this is in your best interest; everything My will inflicts on you can lead you to perfection.... Amen

B.D. 5491
20.9.1952

Earthly adversity should result in contacting God....

Everything on earth is given to you for you to achieve perfection.... You can mature in every situation, but you can also obstinately and with bitterness regress in your development because you have free will, which will never be compelled by external influences to adopt a specific attitude. You have to want to ascend from the bottom of your heart, then everything will also serve you in your aim to become perfect. For then you will be seized by God's will to love, Which only ever creates opportunities for you to shape yourselves, and to Whom you merely have to give yourselves in order to be raised up. You all are granted a measure of grace; how can you possibly fall or relapse in your spiritual development if you make use of this grace? For the blessings are a reliable and effective means of help, they are a special kind of help which only aim upwards, for whatever is offered to you by God's love will also lead to Him.

Divine gifts of grace contain exceptional strength and therefore should not be spurned. Hence every earthly adversity should also be considered as a blessing, because it can lead to progress if it is considered as such, if the adversity makes the human being aware that he ought to direct his gaze upwards in order to appeal for help from the One, Who can and always wants to help. With this prayer you establish contact with God, which always signifies another step upwards, for turning to Him in itself is already demonstrating your will, which is being tested by God in your earthly life. But it is worse for you humans if earthly hardship does **not** result in contact with God.... Then you will often also receive help, but from the one to whom you, due to your will, still belong, whom you have not turned away from. Then God will not be able help you, but you will always receive help, as it were, from the **one** whom you willingly serve due to your attitude. God wants to be recognised, and He will often come to you in the shape of suffering and adversity.... But as soon as you take flight to Him, as soon as your thoughts turn towards Him, you can also be absolutely certain **that He will help you**, that He will not leave you on your own if you are in serious difficulties. No thought fades away, no call remains unheeded, for the slightest thought affects Him and motivates Him to help you. And everything He does is only determined by His love, which applies to you and your perfection. There is no adversity which could not be resolved, for nothing is impossible for Him, yet He shapes everything in a way that it will help you achieve perfection, if only you always think of Him and commend yourselves to His grace.... Amen

'Whoever is loved by God....'

Whoever is loved by God often has to follow stony paths and carry burdens which almost crush him; but always only for his own good, for every burden of the cross can be a blessing for him if he has the right attitude towards Him Who directs his destiny. Whoever is loved by God.... He certainly loves all of His living creations but especially those who no longer have far to go in order to reach the final goal. He knows every human being's disposition and thus He also knows every individual person's attitude towards his God and Father of eternity, and He will often treat him accordingly in order to help him reach the goal. And only in this way should you explain the fact that God-devoted people who clearly fulfil His will have to suffer and often fight a difficult struggle for existence, which at times raises doubt about God's benevolence and love. God knows the purpose of everything, and if only people were convinced of His love and kindness they would also recognise everything as divine providence and not rebel against it, they would know themselves as being seized by God's love and patiently wait for their destiny to change again.

There is truly much suffering on earth, humanity is languishing under its weight, but it does not recognise itself in need of educating and therefore inwardly revolts against it when it should just humbly submit to it, so that all difficulties would be taken away again and God's help would manifest itself so clearly that He could be recognised as a loving Father by everyone who wants to recognise Him. Those who are loved by God are allowed to suffer.... These Words find little credence, for no-one considers that suffering is a truly effective method of upbringing in a world where people only ever strive to please their body, where God' love is not seen in situations of adversity and sorrow. And yet it is His love which manifests itself such that it is beneficial for the soul. For God knows the blessing of suffering and therefore He often uses such means in order to keep people back from the earthly world. He would rather see them suffer than plunge them into the mire of the world and its sin. He knows that disease and pain can result in a change, but that the world can never offer the soul spiritual success, so therefore the world has to be disregarded first, which God indirectly assists people in doing by keeping them back from the world and its dangers through means which seemingly lack God's love but are never harmful for the soul, unless the human being revolts against his destiny and invokes His adversary.

Then he will be helped indeed, but in a different way than the human being thinks.... he will certainly help but never without reward.... And this reward consists of handing the soul over to him. Therefore submit to God's will when you are affected by adversity and suffering, don't grumble and complain, bow down to His orders and lift your eyes up only to Him. And He will take the cross from you, He will make it easy for you as soon as you completely surrender yourselves to His merciful guidance. For you can always know yourselves loved by Him, Who through suffering and adversity only wants to win you for Himself, Who wants to purify your soul and time and again provides it with the opportunity to practise patience and gentleness, so that God's help will then visibly arrive, so that His love will visibly intervene and also heal all wounds when the time is right.... Amen

B.D. 5904
16.3.1954

Blessing of suffering....

Sooner or later you all will realise why you had to suffer on earth, and you will be grateful to Me if it brought you the success that you would never have achieved without suffering.... I would truly not let you suffer without reason, yet My love recognises the effect of suffering on you and thus makes use of it, even if you are often incapable of recognising My loving care. But believe that every stirring of your heart is known to Me, and that I therefore handle especially My Own seemingly harshly, because I want to give them even more blessings in My kingdom, which they are guaranteed to inhabit when their physical end has come.

On earth you cannot imagine the beatitude I want to provide for you.... But I know how a soul has to be in order to endure this beatitude, only I know how it can attain this quality, and only I know the right means and therefore also use them and I do this because I love you and know that your will strives towards Me. But also bear in mind that the soul in the human stage is not yet crystallised enough, that it would not endure the abundance of My emanation of love, that it therefore still has to go through suffering in order to become totally purged.... You should know that the soul's layers were not the fault of your earthly way of life, but that it came to earth already surrounded by thick covers, the dissolution of which is now every human being's task.... Doing deeds of love to a large degree will considerably aid the removal of the soul's impurities, and profound suffering helps where the strength of love is not yet powerful enough.... But you will feel inexpressibly happy when your soul is able to rise freely and permeated by light into the spiritual kingdom after your earthly death.... Then you will have overcome all difficulties, all earthly suffering, and an eternity of supreme happiness lays ahead of you....

Although every day of suffering seems long to you, and yet it is but a moment in time compared to eternity. At times you deem your suffering to be unbearable, and yet I give you no more to carry than you can endure.... and you can always turn to Me, to Jesus Christ, the bearer of the cross, with an appeal for help when your burden seems too much to bear for you.... Take up your cross and follow Me.... Would I, as the man Jesus, have spoken these Words if it were **impossible** for you to endure the cross placed upon you? But He Himself also offered you His help with the Words 'Come to Me, all you who are weary and burdened, and I will give you rest....' And true to His Word He will always give you strength.... For your Saviour Jesus Christ knows you, He also knows that you are willing to follow Him, and He will grant you strength and grace as long as you live on earth.... Amen

B.D. 5920
1.4.1954

God's love can also be found in suffering....

Whichever way your earthly lives will shape themselves, you must never doubt My love and care for you which only ever intends what is best for you. Yet only I know what serves you best.... but I also know what dangers are threatening you and how they can be averted. If you were able to judge My love for each one of you earthly children you would truly feel reassured and live your earthly life without worry, for then you would trust your heavenly Father to arrange everything so that it will be bearable for you and you would never be without help, if you just turn to Him....

The strength of My love would truly explain your earthly destiny to you, since it only wants what is best and most beneficial for you and not to burden you with pointless sorrow and adversity, which weigh you down and make you doubt Me. You should only believe My Words and wait quietly.... that is, humbly entrust yourselves to Me and My help will not fail to materialise. And you will also achieve progress for your soul, which you would hardly gain without suffering. As yet I still ask for the individual person's love and will, as yet people have not completely decided for Me.... as yet My adversary is also making an effort to gain your souls, and there is a considerable risk that he will be victorious. And for that reason I often make it impossible for people to follow him impulsively.... I first motivate them to consider what he has to offer and what he is asking in return.... I draw the person's attention onto himself in order to distract him from what the adversary alluringly presents to him....

I send illness and adversity, sorrow and suffering, for these will then only be a blessing for the human being, even if he doesn't recognise it himself. But I love him and don't want to lose him to the one who is devoid of all love.... who only gives you illusive possessions, who wants to deceive you and plans to corrupt you. His only true objective is to keep you distant from Me, because he is without love. But you humans don't know him and allow yourselves to be deceived by him when he entices you with earthly possessions but demands your soul in return. I, too, want to shower you with possessions, but they are everlasting and you don't recognise their worth. But a good father will not give something harmful to his child, even if the child eyes it greedily.... Instead, he will stop the child if it asks for it despite the warning.... And thus I, too, often have to stop you if you endanger your lives through misguided intentions If your goal is threatening to become any other one but striving towards Me.... For I love you and want to possess you and therefore I will do whatever it takes in order not to lose you.... Amen

B.D. 6124
2.12.1954

Words of comfort.... Suffering – Illness.... Connection with God....

Always rely on Me and the fact that I will show you the right path. Even if it seems to you as if you determine your own destiny, as if you can use your will to turn your earthly life in another direction.... as long as you connect yourselves with Me, as long as you desire contact with Me, I shall guide you and you shall merely comply with My will which I likewise place into your heart, because your resolve to be in contact with Me enables Me to do so. Once someone has joined Me, once someone wants to be in contact with Me, he can stop worrying about his future destiny.... for this will develop such that his soul can derive benefit from everything and it will, indeed, do so if the human being faithfully entrusts himself to Me, if he voluntarily subordinates himself to Me and My guidance.... if he lives his life **with Me**, if he constantly bears Me in mind and makes an effort to gain My love.... Then he will also possess all My love which only wants his soul's salvation that consists of the attainment of eternal beatitude.

Believe Me that you then will only have to struggle in earthly life if you refuse to help voluntarily.... Hence you can be spared effort if you actively serve in neighbourly love.... yet suffering and disease can still contribute towards your soul's purification but it will nevertheless be bearable for you if you take refuge in Me.... I Am always available to you in all earthly and spiritual adversities, and it is My will that due to these you shall join Me ever more intimately until you are so firmly united with Me that I can constantly walk beside you and you are in continuous communication with Me.... that you are always aware of My presence.... and thus live a life in and with Me.... Everything you experience shall only contribute towards you forming an inseparable bond with Me, and then nothing will frighten or worry you again, for the awareness of My constant nearness gives you strength and security in everything you undertake.... And your will shall be My will because you utterly submit yourselves to My will and therefore can only want, think and act as is good before My eyes.... Amen

B.D. 6290
21.6.1955

Strokes of fate.... Remedies....

The wounds I have to inflict on you if I don't want you to fall into everlasting death are truly not an expression of wrath, of lack of love, nor are they indications of just punishments for your transgressions.... They are merely remedies to remove ailments which you have caused yourselves and which are needed in order to restore the health of your soul.... It was your own fault that you left the eternal order or your fate would be one of pure happiness and beatitude. Believe Me, I would much rather grant you blissful happiness but you yourselves make it impossible for Me as soon as you leave My order.... however, I will use everything to lead you back into divine order again so that I can make you abundantly happy once more. The more hardship and sorrow, misery and illness are evident on earth the greater are the offences against My order, and by looking at this adversity you humans can see how low you have fallen, for I would truly rather make humanity happy than let unfounded tribulations befall them in order to restore My eternal order again.... And although the individual person believes himself to be a lesser sinner than the misfortune he has encountered.... you humans don't know the correlations or the extent of a misfortune's effect.... nor do you know who will be helped to mature in turn as a result of the individual person's fate.... You also don't know what you have voluntarily offered to endure **before** your incarnation as a human being.... I, however, know everything, and I truly will not impose upon you a greater burden than you are able to bear....

Furthermore, I offer Myself as a cross bearer if your cross seems too heavy for you.... Unfortunately you don't very often take advantage of My help, and thus you complain about your burden and frequently protest its weight.... You were motivated by **love** to offer yourselves to bear a burden of the cross.... But in earthly life you don't know **why** you, who believe to belong to Me due to your will, have to suffer.... Yet I want you to travel your path silently and without complaining even without knowing the cause, I want you to humbly accept your cross, I want that you always submit to My will in the recognition that the One to Whom you submit yourselves is a God of love and that **everything** you receive from Him will be a blessing for you....

Therefore, don't object to your destiny whatever comes your way.... don't complain and grumble if you want to belong to Me but always rest assured that it is only for your benefit.... that it always signifies help and a restoration of My eternal order.... rest assured that one day you will realise it and be grateful to Me that I allowed you to take this arduous earthly path with its misfortunes but also with My love, which is the reason for everything that affects you, because it only ever wants you to become blessed.... Amen

Love and suffering as means of purification....

My Gospel teaches you love again and again, for only love purifies the soul from all impurities; love is the fire which cleanses the soul and turns all base notions into the opposite. And love is often accompanied by suffering, as this first dissolves all hard layers which had still offered resistance to love. Hence, love and suffering are the means of the soul's purification, and love and suffering can change bad habits into virtues, they can disperse pride and arouse true humility in a person's heart, they can train an impatient person to become gentle and patient, they can inspire compassion and let justice emerge.... They can entirely change a person's nature and thus spiritualise the soul while it is still on earth. For this reason you should constantly practise love and patiently shoulder all suffering.... You should bear the cross which was placed upon you and, in so doing, constantly keep suffering at bay from your fellow human beings, pleasing them and also helping them attain maturity of soul by preaching and exemplifying the Gospel of love to them. The human being must consciously work at improving his soul; he must try to release himself from all vices and cravings, and the strength to do so will arise from the love which he practices on his fellow human being. If suffering is imposed on him, he should likewise regard this suffering as a means towards reaching perfection, because it helps where love is still too weak.... The soul should be able to leave its body in a crystal clear state so that, permeated by light, it can enter the kingdom of the beyond However, you humans still need to dissolve more layers which prevent the soul from being permeated by this light.... You must still work on yourselves in order to develop the virtues which should adorn a soul; you must attain humility, gentleness, peacefulness, compassion, righteousness and patience, and that necessitates conscious work at improving yourselves, which is therefore often accompanied by all kinds of suffering. And so you should also recognise the blessing of suffering, which has a redemptive purpose, which should not always be regarded as punishment for sins but is often merely an effective means to attain maturity of soul.... You should **discard** all your bad habits and vices and that often necessitates a battle which, however, is much easier for you in the form of physical suffering than in a state of physical well-being, since the latter is more likely to increase these evils than to reduce them. I did not thoughtlessly say the Words 'If any man will come after Me, let him.... take up his cross....' I certainly died on the cross for your guilt of sin, I took all suffering upon Me.... and thereby made it possible for you to release yourselves, to gain strength.... For the sake of the act of Salvation you can be forgiven of all your sins and, once you acknowledge Me and My act of Salvation and avail yourselves of the blessings of the act of Salvation by appealing to Me for redemption and forgiveness of your guilt, this will ensure your entry into the kingdom of light Nevertheless, you cannot be spared a certain amount psychological work, for this will determine the **degree of light** in which you depart from earth. And the willingness to endure suffering is the conscious or unconscious participation in My path to the cross, and anyone who takes the path to Golgotha by My side is truly doing his soul a great service, for it can take the path into the kingdom of light like Me and, in radiant brilliance, it will be with Me in paradise, for the change from an imperfect being into the divine being it was in the beginning, had still occurred on earth and, in a manner of speaking, it has already participated in Christ's act of Salvation on earth because it had humbly carried the cross.... Therefore you should bless the suffering which accompanies your path across earth, and let the love in you evolve fully, then your earthly path will not be in vain, it will let you reach the most beautiful goal: the complete union with Me, your God and Father of eternity.... Amen

B.D. 6763
16.2.1957

Loving help for fellow human beings in distress....

You shall help and comfort those who suffer earthly or spiritual hardship. Then you will truly exercise neighbourly love and also awaken love in your fellow human being. The last days cannot pass people by without sorrow and adversity for they are the last means used by Me to win them over for Myself. I want to speak to every human heart by way of such adversity, and if they hear Me, if they recognise My voice in their distress and then turn their heart and ear to Me they will have taken a step forward, they will have entered the path which leads to ascent. But there are still untold people who keep their heart and ear closed to Me.... And **you** should speak to these and direct them in their adversity to Me, where they will find true comfort and help....

You are already helping them by not ignoring their distress, and this help will be gratefully received.... You should believe that only love is the correct remedy, that love heals wounds, that love soothes pain and that no human being is immune to a deed of love. And thus, every deed of love will awaken reciprocated love in another person, and only in this way can souls be won. Souls only mature through love, and if a soul is capable of love, then suffering, too, will result in great blessings, for then the soul will purge itself of all impurities and let every ray of love take effect on it.... Therefore you should talk to all people whom you know to be in difficult situations, who endure much suffering and are without hope and despondent. Comfort them and refer them to Me.... Don't leave them to their pain, so that they won't feel lonely and despair.... Every kind word is soothing to them, and compassion lets them feel their pain less intensely.... Provide them with earthly and spiritual comfort, so that all suffering will have a beneficial effect on their souls.... For you all still have to face much adversity and misery, you will all still experience situations when you will be grateful for comforting advice, for all kinds of assistance.

In the coming time one person will have to depend on the other, and where people don't support each other the hardship will appear almost unbearable unless they turn to Me, Who will never leave a person if he calls to Me. And that is all I want to achieve, that people establish such a heartfelt bond with Me that they will never feel lonely and abandoned but always know that their Guardian and Helper is next to them, and that they then will no longer feel their adversity as harshly and as bitterly as the person who is still distant from Me. Every adversity is endurable for a person who takes refuge with Me, but you, who want to serve Me, can work as mediators between Myself and them.... you can show them the way to eliminate their distress, and if you do it with love you will also be successful.

Don't let your hearts harden, don't ignore your fellow human beings hardship, look around yourselves and you will see much adversity, and your help will always be comforting to others. But you all can help, for the right kind of help consists of kind-hearted thoughts, kind-hearted words and of actions that your love asks you to do.... True, compassionate love for your fellow human being in distress will always let you find ways and means to ease their hardship, and spiritual guidance is frequently of greater value than earthly assistance, for you thereby open the door to their hearts for Me, and once I can enter them Myself they will also be comforted and gladly carry their cross for their soul's sake. And then their adversity will have been a blessing, for then they will have found their way home to the Father, I will have won them for eternity.... Amen

Those who love God....

Those who love God will derive a benefit from everything. For God takes particularly good care of them, and if suffering and worries or harsh strokes of fate are granted to them, He will only ever use these means in order to help the **soul** become perfect. You humans will frequently experience that precisely those fellow human beings who make every effort to live a God-pleasing life are being afflicted by strokes of fate, and you cannot comprehend why they must suffer and struggle so much on earth.... But neither do you know about their glorious fate after their death. 'Eye has not seen, nor ear heard, nor have entered into the heart of man the things which I have prepared for those who love Me....' And God wants to prepare the soul which grants Him its love on earth for this bliss. For the soul must have reached a specific degree of maturity before it can enter the eternal splendour, that is, it must be clean and pure, it must have discarded all impurities which prevent it from entering this magnificent kingdom. Only rarely is a soul so perfected that it would need no suffering, no means of purification of any kind. Its heartfelt devotion of God and its love for Him will often be rewarded by Him in a way which you humans on earth, admittedly, cannot understand, whereby through suffering and adversity He helps where the human being himself is still too weak. Yet all those afflicted by suffering shall take comfort in the fact that everything will benefit their soul as long as they only 'love God'.... And they prove their love for God through humble devotion to Him, through their will to live correctly and righteously, and by fulfilling the commandment of love for their neighbour, which also incorporates the fulfilment of love for God. Anyone who loves the next person as himself has the right relationship with God, for his indwelling strength of love is God's emanation, which was only able to affect him **because** he loves God. No suffering should therefore dishearten **that** person who has already voluntarily handed himself over to God. He should only ever regard it as the **evidence of God's love**, Who wants to help him to still mature fully during the short time on earth, in order to then be able to provide him with an inconceivable measure of bliss. Do not allow the difficulties of a stroke of fate to depress you or make you waver in your faith.... For this, too, will have been determined by God's love and wisdom, Who certainly knows what the individual still requires, Who does nothing or lets nothing happen arbitrarily but always pursues a plan which, one day, will also be clearly presented to you when you have successfully completed your life on earth. You must not compare **God's** reign and activity to that of a human being's conduct, for even if a person is good, he nevertheless lacks the final wisdom which is always the decisive factor for everything that **God** inflicts upon a person, the wisdom which is only based on God's love. And thus God also realises the outcome a person's every experience can result in, and He aims to achieve this outcome.... And it will certainly raise the state of maturity of a soul which loves God.... Earthly life is only short and you humans do not have much time left in order to enable you to leave the Earth so matured that you can be granted glories beyond measure.... And in view of this, God Himself will help you by still providing you with opportunities to prove yourselves during this short time, which you can certainly do successfully if you humbly accept everything.... always believing God only allows for that to come upon you which is helpful for you. You should not quarrel and grumble, you should not doubt His love. Your love for Him must remain the same while you submit to everything you receive from the Father's hand. For regardless of whether it is His will or merely His permission.... it will always benefit the salvation of your souls as long as you remain inclined towards Him with love. Otherwise His Words 'Eye has not seen, nor ear heard, nor have entered into the heart of man the things which I have prepared for those who love Me....' would not be warranted. Your love ensures that His promise will be granted, and if you have this certain and firm faith, you will also endure everything with ease, everything will become less severe and significant, even if, in the beginning, it seems very difficult for you to bear.... Amen

B.D. 7162
8.7.1958

Everything that happens serves to perfect the soul....

There is purpose and reason in everything that happens, because everything depends on God's will and is therefore also wisely considered by Him and arranged by His love in a manner that benefits the soul of the human being. The decisive factor is always the effect on the soul, which can certainly be negative if the person's will so decides, but it is always possible to be positive too. The body often has to accept various kinds of suffering and ailments; but as long as the soul's spiritual development is progressive these afflictions are insignificant, because they only last a limited time, whereas the soul's state of immaturity can last for an eternity and will cause it appalling torment in the spiritual kingdom. The human being should always be conscious of the fact that God's love, wisdom and power determines his destiny, that nothing happens to anyone arbitrarily, that nothing is coincidental, that a kind, devoted Father at all times wants to help His lost child to find its way back to Him.... And therefore the human being should at all times call upon God as his 'Father' and thereby show Him that he wants to return to Him. He should always humbly accept God's will, even when he has to carry a cross which appears to be almost unbearable, because Someone will come to his aid and carry his cross with him, if only He is asked to do so.

But whatever the human body endures in this life will be gratefully understood by the soul one day, when it can leave the body in order to enter the kingdom in the beyond in a pure and clear state. Although divine love wants to spare every living creature suffering it cannot be avoided because the human being on earth does not consider his soul enough to do whatever it takes to remove its impurities. And thus help is needed which is frequently painful but which nevertheless promises success. But the certainty that everything is God's will, Who is love Himself, should enable you humans to bear everything with greater ease and it should be a comfort to you too that you are never left to your own devices, that there is always Someone Who cares about your spiritual maturity and wellbeing. And He will never allow that anything should happen to you without reason and purpose, because His love, wisdom and power is limitless, and His love and wisdom will forever be the decisive factor when His will and His power express themselves.

For this reason every minute can be of benefit to you, you can derive spiritual achievement from every experience, from every event, from every physical adversity which you encounter. Because as soon as you learn to view it as a means of help for the maturing of your souls you will also do whatever it takes to help the soul to mature. Your cross will soon be taken from you, since it is only a burden to you until it has served its purpose. If, however, you want to live your earthly life entirely without suffering, you will also have to be pure love.... and only few people will reach a level where their souls will purify themselves through love. More often than not they will require suffering as a means of help, because the time of their earthly life is only short and yet should yield the greatest possible perfection for the soul. Hence you should bless the suffering too, surrender to it and thank your Heavenly Father for His love for you, which only ever wants the best for you.... Amen

B.D. 7543
9.3.1960

Comforting Words....

I want to lead you through every adversity.... if only you entrust yourselves to Me, if you submit to My will, if you don't resist Me with your own will or wrong actions. I will place what you shall and shall not do into your heart, and you can always believe that it is My will, and you can unreservedly do what you inwardly feel impelled to do at all times. Time and again you will experience moments when you will seemingly lose your inner calm, but equally you will also find it again, for this, too, is part of your soul's spiritual maturing process, that in times of distress it turns to Me for help, that time and again it seeks a renewed bond with Me, so as not to become indifferent to its psychological task. And this shall be a comfort to you, that I know all your adversities.... and that I will put an end to them when the time is right.... You don't need to be disheartened once you have handed yourselves over to Me and My guidance; you can be assured that I will guide you well and that your every path is predetermined by Me Myself, that you can thus follow it and it will always lead you to the goal.

Yet your life cannot pass you by without struggle and suffering or you would not achieve any spiritual progress, but this is your reason for living on earth after all. However, I will always be your protection and shield; I will always take care that you do not break down under the cross with which I burden you for your salvation.... It will not be heavier than you are able to endure, and it will also be taken from you again when it has achieved its purpose: to gain a degree of maturity for your soul which heightens its bliss when one day it can discard the body and enter the spiritual kingdom. The cross will be taken from you again as soon as the purpose has been achieved, for I will not let you suffer any longer than necessary, and I will also help you carry it when it seems too heavy for you at times....

You can truly live your earthly life without worry and it will be endurable for you, you will be able to master it with My help, for you granted Me the right to walk by your side as soon as you had chosen Me as your leader. And this shall always be your guarantee that you will not take any wrong paths, for I will prevent it because I love you and because you have turned to Me of your own free will. Just sacrifice to Me whatever weighs you down and it will be a blessing to you. But don't allow yourselves to get depressed by minor disagreements which will confront you time and again but which are not long-lasting....

Just renew your heartfelt bond with Me, which is the purpose and goal of all earthly adversities, and you will soon experience a change, once again you will gladly and cheerfully go through life, you will be released from your burden and learn to love Me as your Father ever more, Who will protect and guide you through every adversity.... Amen

B.D. 8113
1.3.1962

Love and suffering purify the soul....

Love should be the driving force for all your deeds and failings.... then you will always do My will, you will work with love and thereby also attain the strength needed by your soul for your path of earthly life. The soul is meant to mature fully, that is, it is meant to push away all impurities it is still burdened with, it is meant to become translucent so it is able to accept My love's emanation of light which signifies strength and bliss for the soul. But My ray of love cannot penetrate it if the soul is still surrounded by dense layers, by impure longings and instincts, by all kinds of vices, by low characteristics such as pride, anger, vindictiveness.... by any kind of unkindness....

The soul has to try to free itself from all these faults and longings, and the means for this are love and suffering.... The impurities dissolve through deeds of love, but the soul will also be released from them through suffering, and it can be ever more illuminated by My love and mature until it has become completely translucent, and then it need not fear death anymore, because then it can enter the kingdom of light, because its earthly progress has not been in vain since it has reached its goal on earth: the transformation of itself into love.... And therefore you will understand that My commandments of love are of utmost importance, that they have to be fulfilled, that your life on earth has to be a life of love if it is to be successful for you. You are only on earth for the maturity of your soul which, at the start of its incarnation as a human being, is still without love.... although I have provided it with a spark of love which can ignite and change the soul's still imperfect state until it is close to perfection.... But the person also has to muster the will to live a life of love.... He has to listen to his inner voice which constantly urges him to act with love.... He has to perform deeds of love or his soul won't change but will keep its lowly attributes and is then in danger of entering the kingdom of the beyond in a completely immature state, which means, that it will still have to go through torments of purification there in order to be able to enjoy happiness one day

Only love will release it from all impure attributes, only love will crystallise it and it will push all impurities away from itself.... or it will have to accept much suffering during its earthly life which can **also** mature the soul, because this calms it down and gradually also ignites the spark of love within itself, and then love and suffering work together and achieve the soul's maturity. And the human being should always reject his selfish love and give love to his neighbour.... Then he will change quickly, for only unselfish neighbourly love is the true, divine love which I demand, which the soul has to change into by itself during its earthly progress as a human being if it wants to attain eternal life. And therefore My divine commandments of love always have to be emphasised as the most important, for only love has the redeeming strength, only love will be able to achieve the soul's transformation.... Only through deeds of love will it mature and become bright and clear, so that My emanation of love will find no more obstacles, so that I can then make it blissfully happy as in the beginning.... because through love it will find union with Me, which is its purpose and goal of earthly progress.... Amen

Bearing suffering for fellow human beings....

I will also give you an explanation as to whether you can bear suffering for your fellow man or whether every person must bear the burden himself which was assigned to him for the salvation of his soul.... You humans must consider that your soul is supposed to mature fully during your earthly life, that all still immature substances should spiritualise themselves, which happens through love or suffering, for this dissolves the layers which still prevent the light of My love from radiating into the soul. And at the same time such substances of the body which are still immature are also a problem for the human being by causing him all kinds of diseases and thus, with patience, love and in submission to My will, they should be calmed and therefore spiritualised which is, after all, your real earthly task, to help your soul towards the greatest possible level of perfection. And this spiritualisation of soul and body must be accomplished by every person himself, this work can never be done by someone else on his behalf, and one day he will be grateful to Me that, by way of suffering and adversity, I helped him gain perfection. Consequently, you can understand that you should not really try to avert anything which can benefit your fellow human being's soul.... If, however, love is impelling you to offer yourselves to Me asking to bear your fellow human being's suffering then I will not stop you in your love.... It will be temporarily taken from the person and placed upon you, and thus you raise your soul's maturity because you are willing to accept more suffering and are motivated by love to do so.

One has suffered for all of you in order to release you from the immense suffering you would have had to take upon yourselves as penance for your guilt of sin, which was the reason why earthly life is a valley of tears and suffering for you humans.... But now all you humans can turn to this One Who will also take your suffering upon His shoulders and help you carry it.... Whose substituted atonement was accepted by Me and to Whom you should go if your suffering weighs you down, and he will help you carry it or take it from you depending on what is best for you.

However, the love of a fellow human being who is willing to suffer on your behalf is very highly valued, and this love will also guarantee you a flow of strength, for love is strength which will noticeably affect the sufferer.... And if someone offers loving intercession for you who have to suffer, the strength of this love can so permeate you that you will no longer feel the degree of suffering.... that your pain and agonies temporarily disappear, and your souls benefit from the strength of this love.... and thus mature and become less sensitive to pain.... The degree of love always determines the benefit the sufferer derives from such a prayer of love for him. And since the maturing of the soul is the purpose of earthly life and there are many possibilities to achieve this, it should be recognised first and foremost and not be prevented. True love, however, knows why a person has to suffer and will help him endure and make it easy for him to accept God's will.... And then I will take the cross from him and his soul will have moved a step forwards again....

Love and suffering help the soul to reach the goal.... If a person still has a low degree of love then greater suffering often occurs in order to hasten his soul's purification.... But this purification of soul can never be achieved by another person's conscious suffering on behalf of the former. Every soul is responsible for itself, and every soul has to reach its own maturity, which happens through love and suffering.... And the degree of suffering depends on the degree of love. I will certainly answer the prayer of someone who offers himself to bear suffering on behalf of a fellow human being because he loves him.... I will let him partake in the pain which he then has to endure. Yet he endures it for the purification of his own soul.... he indeed relieves the other person of the suffering for the sake of love, yet it serves him for his own perfection, whilst his fellow human being must likewise take care of himself and his psychological state of maturity, even if he is temporarily released from his suffering. No labour of love remains without result, yet where and how it takes effect remains My decision, Who knows every person's state of maturity and whom I will always consider accordingly.... And I give to every person what he is able to bear, and it is enough that he calls upon Jesus, the bearer of the cross, if he deems his burden too heavy for him.... And as long as the human being lives on earth he has the option to reach the goal of perfecting himself through love and suffering.... through following Jesus.... Amen

B.D. 8593
21.8.1963

Suffering spiritualises soul and body....

You only need to enter My flow of strength, that is, you only need to fully consciously submit yourselves to Me and open your hearts to My illumination of love and My strength of love will become active in you, yet your soul will always experience this influx of strength more than your body and subsequently advance spiritually again. Remember that the body is meant to help you achieve this but that immature spiritual substances are still inside of you, for you are not perfect yet. And these immature substances require your help in order to mature on earth as well. Your help consists of entrusting these spiritual substances to Me by asking Me in silent prayer to impart strength to them. My adversary often tries to prevent your spiritual work by using these unspiritual substances to bother you physically or psychologically.... But you should know that your prayer on behalf of these still immature spiritual substances within you will always be successful, and therefore you should appeal to Me for My help and protection from all attacks by My adversary. And believe that nothing is impossible and that I can also take unusual actions if you have this strong belief.... Then these immature spirits will have to leave you, if they do not allow themselves to be calmed and spiritualised by you, but they forfeit a great blessing which was granted to them in the privilege of being allowed to join you in order to also reach full maturity in your physical shell, in your body. Keep reminding them of this blessing and try to persuade them to accept your will and to mature like your soul, so that they can shorten their process of development if they take your advice to heart. Yet whatever suffering you can bear accept it humbly and patiently, for it will surely mature you and one day you will even thank Me for the suffering you had to endure.

However, if, due to your submission and patience, the immature spiritual substances also reach maturity, then you will attain a high degree of maturity on earth, so that you will be close to perfection when you have to relinquish your earthly life. But My strength is always at your disposal and it is truly sufficient for the spiritualisation of the substances which are at the beginning of their development; yet you should consciously request My strength and let it radiate into your heart.... you should pray to Me, your thoughts should look for Me and only ever desire My presence.... You should yearn for My ray of love which I will gladly fulfil.... You only need to give yourselves to Me and be willing to receive the flow of My love's strength, which always requires heartfelt contact with Me. If you become absorbed in thoughts which only ever involve the spiritual kingdom, your God and Creator, then you are also ready to receive My flow of strength, then you will open your heart and I can illuminate you again as in the beginning when you were blissfully happy in burning love for Me. My love for you has remained the same, only your love has diminished but shall reach the same degree again which gave you unspeakable pleasure in the very beginning. And therefore you must come to Me yourselves and I will always be ready for you, I will give you what makes you happy and permeate your body and soul with My strength of love, which then will also lead you to full maturity, to final perfection. In association with Me you will no longer be able to suffer, even if it seems like that to your fellow human beings. A close union makes you insensitive to all pain, then My strength will be stronger, and it will permeate you.... either resulting in your body's complete recovery or.... if your hour has come.... in your painless passage into the spiritual kingdom, for if you are intimately united with Me you will also have attained your goal on earth.... Amen

B.D. 8737
27.1.1964

The bond with God.... Adversities and suffering....

And if you succeed in closely uniting with Me in thought by longing for Me with a loving heart, then I will be present to you too, because your love for Me attracts Me tremendously, and I will never deny Myself to love. My presence, however, always assures you an influx of strength, albeit it is only felt by the soul, but it will steadily mature and become ever more perfect because then I will no longer exclude it. Then you will have demonstrated your free will to belong to Me again, then you will have passed your test of will which is the reason why you live on earth as a human being.

Yet only few people occupy themselves with Me in thought, and if they do then only at certain times, and a process which should be deeply internal in order to result in spiritual success always just becomes an external formality. Only few people think frequently during the day of the One Who is their God and Creator and Who wants to be acknowledged and called upon by them as Father.... The world and its demands leaves people almost no more time for inner reflection, their thoughts are taken up by earthly affairs and worries which are utterly pointless and without value, and they completely exclude any spiritual considerations. Therefore they are never able to notice the divine blessing which rests on their daily activities.... Only when they are troubled by worries do they occasionally think of the One Who is powerful and able to help, and then it is already a considerable achievement if they turn to the One with a silent appeal, for then they have to establish contact with Me as soon as they send a prayer in spirit and in truth to Me up above. But mere lip-prayers will not reach My ear, for they lack the heartfelt contact which ensures that their plea will be granted. And yet, adversity and suffering are the only means to turn people's thoughts to Me, adversity and suffering can cause hours of inner bonding with Me, and then they will always attain benefit for their soul since no connection will remain without an influx of strength, and this influx of strength will always have a spiritual effect.

Blessed are the people who often raise their thoughts to Me, who don't have to be prompted to do so by adversity and suffering first but whose love impels them to unite with Me, who only find true comfort and true happiness of heart in a close relationship with Me.... blessed are those who have already detached themselves from the world to a degree that they find time for spiritual thoughts, that they communicate with Me because they feel the urge to enter into contact with Me....

For these will be constantly pulled by Me Myself and their souls' maturity will be assured. The separation between the beings and Myself, which they once undertook voluntarily, will then be annulled by a voluntary bond with Me which is evidenced by every heartfelt thought, every prayer and every deed of love.... for now, in the human stage, the being has changed itself back to its original state again, which also signifies an innermost bond with Me.... And I will try everything in order to awaken the desire for a bond with Me in people, I will step into every person's path Myself, or I will answer the call for help of those who are suffering in order to give evidence of Myself and My love.... I come to meet every person Myself with My love but I cannot force him to accept it.... They have to accomplish the return to Me completely of their own free will and entirely voluntarily appeal to Me for strength and love (light) and My presence.... But then I will never ever leave them again. Then their earthly path will truly not be in vain, for My strength will constantly flow to them so that the soul will attain a degree of maturity which will guarantee it a blissful life in the spiritual kingdom. And it is truly easy to gain the certainty of a blissful fate after death, for a heartfelt bond with Me is the right relationship I want My child to establish with Me, and a Father will always want to make His child happy.... He will constantly give to the child what it needs, and thus He will also convey to the soul what it needs to mature: light and strength and grace.... Only the contact has to be established first which will ensure that My emanation of light and grace can flow across. Then the human being will safely reach his goal on earth.... he will acquire for himself eternal life in absolute bliss.... Amen

B.D. 8980
23.5.1965

Severe suffering can result in childship to God....

You have been told several times already that you can only attain childship to God if you surrender to Me with love and also humbly bear the sorrow which you have to experience in order to purge the soul from all impurities, so that, on entering the kingdom of the beyond, you can be completely permeated by My light of love, for every ailment, every suffering the human soul still has to endure on earth dissolves the layers, and then the full light ray of My love can touch the soul, because it has relinquished all resistance....

Therefore, don't be discouraged by a difficult earthly life but believe that it will be a blessing for you which fully offsets all suffering, and be patient, for the reward will be greater than great and the time of the human being's suffering on earth is but short compared to the glorious fate awaiting the soul throughout all eternity. This is why you should gladly accept a life of suffering; you should know that such an earthly life is imposed on you by My immense love so that you soon will be able to reach the goal set by Me since eternity. For what follows your earthly life cannot be explained to you, it is the most magnificent fate which is only destined for My 'children', who will be invested into all the rights of the Father, able to work like Him.... without difference, because they have attained the highest goal.

Yet even for these very children I Am unfathomable, that is, they incessantly strive towards Me.... they long for Me and their longing will always be fulfilled.... And the essence of their bliss rests in the fact that they will never cease yearning for Me, that they thus can never be entirely satisfied because I Am and remain eternally unfathomable. For this reason you have to take the most difficult conditions in earthly life upon yourselves, you will be tested time and again, and you have to remain steadfast even in utmost suffering and always know that only your great love for Me and your neighbour can alleviate your suffering, but that you are incapable of such love which could entirely eliminate suffering.... and thus you should be grateful that you are allowed to bear sorrow as it only serves to perfect you. I did not say to you without reason 'Take up your cross and follow Me....' For I knew that only a path of utmost suffering will result in your childship to God, because as human beings you are incapable of the love that also leads to childship of God, and also because earthly life is too short unless you accept suffering at the same time.

Therefore, do not ask why I let a human being suffer.... Rather, think of the benefit of suffering, bear in mind that it dissolves all layers which prevent the soul from receiving the full illumination of love.... and that it is always just a temporary state which is then replaced by eternal happiness, for which you would have accepted even more suffering if only your physical strength would allow for it. Thus you who have to suffer so much should remember that it is the longing for 'children' which motivates Me to put you into this state.... and that you yourselves will be grateful to Me one day for all the adversity you had to endure in earthly life.

Yet this always presumes firm faith in Me, faith in life after death and faith in My infinite love, then you regard every happening as a return of the once fallen spirit to Me.... with the goal of childship to God, which I cannot achieve in any other way but by means of the path across earth. And if you have this faith then you will also patiently endure every suffering, you will only ever see one purpose in it and accept everything that you, as a human being, cannot change anyway, but you will humbly bear it as imposed on you by My wisdom and love in order to guide you to the highest goal.

But only few will reach this goal, yet they can nevertheless be happy if they don't (even **those** people can be happy who don't) enter the kingdom of the beyond entirely without light, for they will still be able to enhance their degree of light there. They will also be able to rise ever higher and experience infinite beatitude but they will no longer be able to achieve the 'childship to God' which necessitates a life on earth.... Nevertheless, they will be able to repeat this life in order to fulfil a mission, and even then they will not be spared all kinds of suffering in order to achieve utmost maturity.... in order to enter the spiritual realm as the Father's true child, in order to then be able to eternally create and work at His side, in accordance with His will and yet in all freedom, as it was His intention from the start.... Amen
